

## Stu Hart

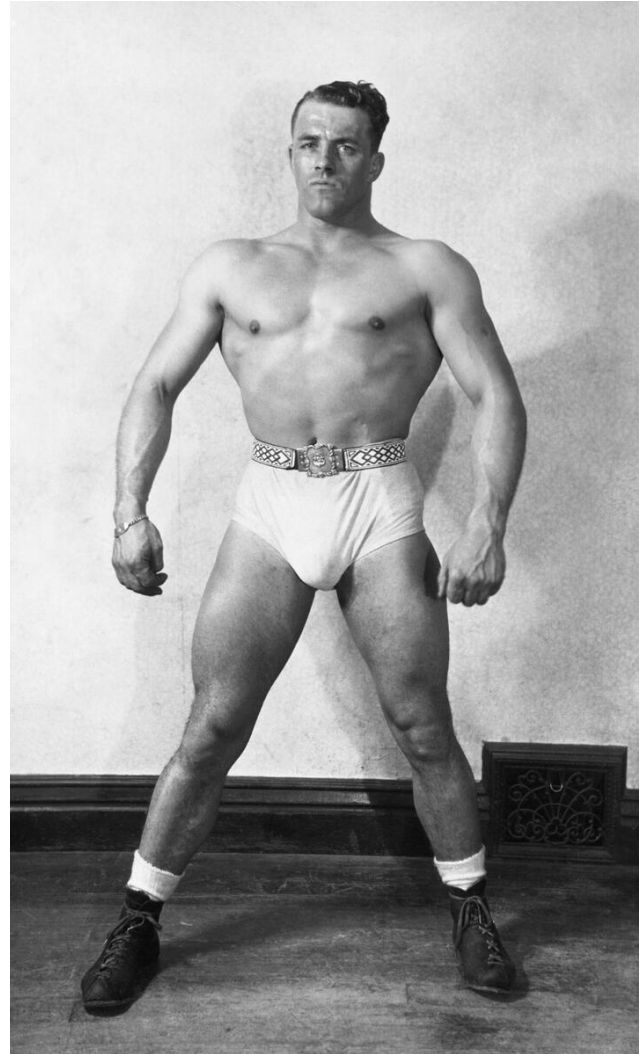
Stu Hart's legacy was a bizarre but never boring sport - commercial professional wrestling.

Although Stu Hart was a wrestler of Olympic calibre, his dreams were squashed when the second world war broke out and the 1940 and 1944 Olympic Games were cancelled. Once the war ended, Hart left the Royal Canadian Navy and decided to go professional, eventually moving back to Alberta to start Stampede Wrestling in Calgary.

Hart destroyed his knees by doing a thousand squats a day, but even in his sixties, he could make strong men cry. The sounds that rose from "the Dungeon" – his training ring in the basement of the family home - still haunt the Hart name. His imaginative transformation of wrestling into entertainment laid the groundwork for the sport's heroes and villains, stunts, and sneers. As times changed, the theatre of "shock television" became more drama than athletics, although that posturing, which resulted in the death of Stu's son, Owen Hart, is dangerous too.

Hart's 12 children were all somehow connected to wrestling, a family dynasty that continues to this day.

Full Name: Stewart Edward Hart  
Born: May 3, 1915 – Died: October 16, 2003



Stu Hart,  
Undeclared Canadian Amateur Wrestling Champ  
Glenbow Archives NA-5602-6



## Additional Resources

- **World Wrestling Network**  
<https://www.wwe.com/superstars/stuhart>

## Our Collections

### **Glenbow Museum**

<https://www.glenbow.org>

### **Glenbow Western Research Centre | Glenbow Library and Archives**

<https://libguides.ucalgary.ca/glenbowlibraryandarchives>

### **Glenbow Library and Archives | Digital Collection**

<https://digitalcollections.ucalgary.ca/asset-management/2R340826N9XM?WS=PackagePres&Flat=1>

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