

FINDING YOUR REFLECTION

Art | English Language Arts & Literature | Physical Education & Well-Being

Possible curricular outcomes, artwork dependent: Social Studies

Look closely

Stop and quietly look at this artwork for at least one full minute.

- What do you notice?
- Use your view finder to help focus on any parts that make you curious.
- Take a moment to imagine you are inside the artwork. What can you hear and smell?

Questions

- What colours do you see? What do the colours remind you of?
- If you were in this scene, what might you think or say?
- Make a list of the colours you notice, paying attention to the various shades and hues. Do the colours influence your feelings about this artwork?

Learn more

This way of looking helps students practice their observation and interpretation skills, discover different perspectives, and identify with the positive aspects of an artwork. This can be done individually or in pairs.

Activity

Materials: paper, pencil, pencil crayons, markers

1. What other details do you notice about this artwork?
2. What are your favourite things about this artwork? Write them down.
3. Think deeply about the things you really like about yourself. Can you make any connections to the things you like in the artwork?
4. Write your favourite thing about yourself on a piece of paper and decorate it. Try playing with different lettering, making the first letter decorative, or adding other embellishments.

Share!

Share your drawing with a classmate and tell them about your design! You can email images of your artworks to us at Glenbow: schoolprograms@glenbow.org.

Additional questions and thought starters

- What do you notice about the arrangement of the figures/objects in this artwork?
- How can art change our beliefs?
- What emotions or sensations arise as you observe this artwork? What words would you use to describe what you see or feel?